

Our Vision

Our goal as counselors is to work toward providing mental health counseling services in the parts of our community where individuals, children, and families are unable to access them in traditional ways. We are honored to have the opportunity to partner with our Bulloch County faculty and staff, who are already intimately connected with the children and families in our community, to continue to grow children into the best versions of themselves possible.

“The more healthy relationships a child has, the more likely he will be to recover from trauma and thrive. Relationships are the agents of change and the most powerful therapy is human love”

–Dr. Bruce Perry, Child Psychiatrist

Contact Us

We are happy to answer questions, provide formal or informal quotes of our contract rates, or provide referrals based on our previous contract agreements with schools and community organizations.

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School-Based Mental Health Counseling Services



A proposal publication from
Brave Tomorrow Counseling and Consulting, Statesboro, GA

Why is School-Based Mental Health Counseling Important?

Students today are facing threats and trauma from all sides. For many students, school is their “safe space” – the place where they can count on rules being consistent, the same adults being present, and their physical needs being met.

We are finding more and more research that students’ emotional and mental health plays a significant role in their ability to learn in the classroom. On a regular basis, students face challenges navigating interpersonal relationships with peers and authority figures, social situations, their own physical and emotional developmental changes, and day-to-day stressors. Some students face much more severe challenges – trauma, abuse, thoughts of suicide, hallucinations, severe depression or anxiety, bullying, sexual assault. When students are emotionally dealing with these significant challenges, their ability to attend to academic information is decreased. In fact, one of the first indicators of a child’s overall mental health is the consistency of their academic performance – when children are stressed, their grades often fall, even for high-performing students.

Providing School-Based Mental Health Counseling services allows students who are struggling with these emotional and cognitive issues to work with a clinically trained mental health counselor on a regular basis. The counselor can address errors in student thinking, help the student develop more health coping skills, assess any risk of self-harm or suicide, and connect with parents, teachers, and administration to coordinate care as needed.

The Brave Tomorrow Plan

How can working with Brave Tomorrow benefit your faculty, staff and students?

Dedicated, Experienced Providers

Our model establishes a relationship between the school and one or two dedicated counselors from our office, who can work closely with administrative and support staff to provide services that are most beneficial for each individual school setting. Our providers are trained in play therapy techniques, and have experience working in schools and with student populations.

Access for All Students

Working with Brave Tomorrow through a contract agreement allows us to see any student in the school. There are no requirements for insurance, and no hoops to jump through. All that is required is a 1-page consent form signed by a parent or guardian. Most referrals come directly from school counselors and administration.

Management, Supervision, and Record-Keeping

All of our counselors are supervised by April Miller, EdS. We meet for formal supervision sessions on a regular basis, and counselors can consult with April at any time.

April is credentialed as a Licensed Professional Counselor, Registered Play Therapist – Supervisor, Certified Professional Counselor Supervisor, and a Georgia Certified School Psychologist. She is available for consultation or to address your questions or concerns at any time. You can call our office at 912-225-3769, call April directly at 912-531-0876, or email april@bravetomorrow.net

All permission forms and other records of student contact are kept in a confidential, HIPAA-compliant manner through our office.